

Housepoet's Famous Lactation Boosting Cookies

Recipe posted by The Breastfeeding Center, Massillon, OH

Ingredients:

4 Tablespoons water
2 Tablespoons **Flaxseed meal** (be generous)
1 cup butter or margarine
1 cup sugar
1 cup brown sugar
2 eggs
1 teaspoon vanilla
2 cups flour
1 teaspoon baking soda
1 teaspoon salt
2 Tablespoons **Brewers Yeast** (be generous)
3 cups **oats**
1 1/2 cups chocolate or peanut butter chips

Directions:

Preheat oven to 375 degrees. Mix together water and flaxseed meal, and set aside for 3-5 minutes. Cream (beat well) butter and sugars. Add eggs one at a time, mix well. Stir flaxseed mixture well and add to the butter mixture. Add vanilla to mixture. Beat until blended. Sift together dry ingredients, except oats and chips. Add to butter mixture. Stir in oats and then chips. Scoop or drop onto baking sheet. Bake for 8-12 minutes, depending on size of cookies. Makes about 6 dozen cookies.

NOTE: It must be brewers yeast, no substitutions.